



CROSS BORDER
ORCHESTRA IRELAND

CBOI COVID SAFETY MEASURES for the safe return to Orchestra rehearsals

We will do everything possible to ensure the safety of our members and families. Safety measures have been put in place at Coláiste Chu Chulainn in accordance with Government guidelines.

In addition, please note the following:

1. If you are unwell or displaying any symptoms of Covid-19/ have tested positive within the last 14 days/have been in contact with someone who has tested positive within the last 14 days, **stay at home**. If you answer 'yes' to any of the questions below, Please stay at home:

Do you have symptoms of cough, fever, high temperature, sore throat, runny nose, breathlessness or flu like symptoms now or in the past 14 days?	Yes/No
Have you been diagnosed with confirmed or suspected COVID-19 infection in the last 14 days?	Yes/No
Are you a close contact of a person who is a confirmed or suspected case of COVID-19 in the past 14 days (i.e. less than 2m for more than 15 minutes accumulative in 1 day)?	Yes/No
Have you been advised by a doctor to self-isolate at this time?	Yes/No
Have you been advised by a doctor to cocoon at this time? Yes/No.	Yes/No
Have you been advised by a doctor, due to health consideration, to cocoon at this time?	Yes/No
Is your temperature normal i.e. between 36.5 – 37 degrees C	Yes/No

2. The school is well supplied with hand sanitisers which must be used on arrival and after touching any surface. We also advise all Members to bring their own hand sanitiser and use it regularly.
3. **MEDILINK:** A Team from MediLink will attend to check everybody's temperature on arrival and make sure all safety procedures are in place and being adhered to.
4. **CONTACT TRACKING:** For contact tracing purposes, a register of everybody attending including contact details must be held by us and a copy given to the school Principal after each rehearsal. Everybody who comes into the building must be registered. For this reason, and to keep numbers below 100, parents are asked NOT to come into the school.
5. **SOCIAL DISTANCING** should be maintained at all times. There should be no social interaction at rehearsals if possible. You are advised to:
 - limit your contact with others during breaks,
 - keep your close contacts to a small number of people.
 - The 2 meter rule will be adhered to in rehearsals and lessons.
6. **MASKS & VISORS:** Woodwind and Brass players should wear a mask when they are not playing e.g. on arrival and departure and during breaks. Everybody else must wear a mask at all times. **TUTORS:** Are advised to wear masks and visors. If it is possible for musicians, you should also wear a visor.
7. **SCREENS:** In addition, we are having screens custom made which will be used to section off Woodwind and Brass players from Strings.
8. We will ensure that our rehearsal space and break off rooms for lessons are well ventilated. Windows will be kept open.
9. A one-way system will be implemented and pathways will be kept clear

10. **Musicians should not share pens/pencils/music/music stands/chairs/water bottles/cups.**
11. **BRING YOUR OWN MUSIC STAND**
12. All equipment including chairs will be sanitised before and after use.
13. A Covid Isolation Room has been set up
14. We may need to reduce the duration and number of rehearsals, or split rehearsals. You will be advised of this if it is necessary
15. Checklist (suggested)
 - Mask(s)
 - Towel
 - Gloves
 - Bottled water, snacks
 - Hand sanitiser
 - Antibacterial wipes
 - Pen/pencil/rubber
 - Music
 - Instrument

CBOI Stage/Seating Plan to ensure the safety of our members.

Under Level 2 Organised indoor gatherings

These are controlled environments with a named event organiser, owner or manager.
 For example: business, training events, conferences, events in theatres and cinemas or other arts events (excluding sport). Up to 50 patrons are permitted and in pods or groups of up to six if appropriate, with arrangements to ensure no intermingling of groups. Up to 100 patrons are permitted for larger venues where strict two-metre seated social distancing and one-way controls for entry and exit can be implemented.

